

Loose Leaf Tea & Tisanes

We have over 50 loose leaf options and growing!
All teas and herbs can be made hot or iced to order.

Below is **only a fraction** of our menu...

Plus a rotating seasonals!

Black Tea

- Organic English Breakfast
- Orgainic Earl Gray
- Organic Ceylon
- Cochin Masala Chai
- Chocolate Chai
- Hazelnut Vanilla

Darjeeling

- Organic Estate Darjeeling

Pu-erh

- Scottish Caramel

Green Tea

- Organic Sencha Fuji
- Organic Long Island Strawberry
- Jasmine Green
- Citrus Blossom

Oolong Tea

- Vanilla Creme
- Sweet Watermelon
- Ti Kuan Yin Iron Goddess of Mercy

White Tea

- White Pear

Herbal Blends

- Lavender Mint
- Organic Raspberry Lemonade
- Citrus Sage
- Ginger Turmeric
- Elderberry Rescue
- Dandelion Detox

Single Herbs (All Organic)

- Chamomile
- Dandelion Leaf
- Dandelion Root
- Ginger Root
- Nettle Leaf
- Mullein Leaf
- Yerba Maté
- Butterfly Blue Pea

The Salt Leaf

Hours:

Monday - Wednesday

10:00 am - 6:00 pm

Thursday - Saturday

10:00 am - 7:00 pm

Sunday

11:00 am - 5:00 pm

Any change in hours above will be posted on our website & Google

For Halotherapy reservations please call:

860-993-1829

Walk-ins also welcome

Stay up to date on the latest events and happenings...

Follow us on Facebook & Instagram

*We are located 500 ft from Clinton Train Station & less than 50ft from the bus stop on Rt 1.
Additional parking available at Clinton Train Station / Commuter Lot at the end of John Street Ext.*

23 West Main Street

Clinton, CT 06413

860-993-1829

TheSaltLeaf.com



Take out or stay and relax

Offering Hot and Iced Loose Leaf Teas & Herbs
Chai Lattes, Matcha Lattes & Golden milk
Tea Making Accessories & Loose Leaf Teas
British Imported Preserves, Chocolates,
Clotted Cream & Biscuits
Gifts & Custom Baskets
Crystals, Collector Minerals, Jewelry &
Spiritual Wellness Supplies
Halotherapy Room on Site

Menu & Services

Menu

12oz / 16oz / 20oz

Hot or Iced Tea 3.25 / 3.60 / 3.95

Cold Brew Tea 3.00 / 3.30 / 3.60

- Rotating Flavors. While supplies last

Chai Latte ** 4.00 / 4.50 / 5.00

- Masala, Vanilla, Chocolate, Vanilla Rooibos & Seasonals

- Hot or Iced

* Served with whole or 2% milk. Oat or Almond milk +\$0.50.

Matcha Latte 4.50 / 5.00 / 5.50

(Choice of Plain Honey, Lavender or Ginger infused Honey) ~ Hot or Iced

* Served with whole or 2% milk. Oat or Almond milk +\$0.50.

Golden Milk ** 4.25 / 4.75 / -

(Turmeric Milk)

* Served with whole or 2% milk. Oat or Almond milk +\$0.50.

Matcha Smoothie 5.00 / 5.50 / 6.00

(Choice of Plain Honey, Lavender or Ginger infused Honey)

* Served with whole or 2% milk. Oat or Almond milk +\$0.50.

Homemade Lavender

Honey Lemonade 3.00 / 3.30 / 3.60

Hot Cocoa 3.25 / 3.55 / 3.85

Coffee 3.25 / 3.60 / 3.95

(French press only) Hot or Iced

Mushroom/Herbal 'Coffee' 3.50 / 4.00 / 4.50

(French press only) Hot or Iced. Teechno Reishi & Eleuthero Dark Roast.

Organic, Coffee free, Caffeine free, acid free & prebiotics. *Contains Barley

** Chai Lattes and Golden Milk are lightly sweetened with Organic

Maple Syrup and Homemade Ginger infused Honey

unless otherwise requested

Scones and Mini Baked Goods Available

Stay Awhile

Pot of Tea or French Press

Your choice of tea, tisane or herb

Small (12oz) 4.00

Large (24 oz) 5.50

Served with tea cups & a pot warmer upon request

Also come check out our menu of Crafted

Tea Based Mocktails!

Prices subject to change. Menu Prices do not include CT MealTax

About Halotherapy

Halotherapy is also known as dry salt therapy. Dry pure pharmaceutical grade sodium chloride is ground into very tiny micro-particles in a special machine called a halogenerator. These dry salt micro-particles are then dispersed into the salt room. As you relax these particles are inhaled as well as land on the skin. These particles penetrate deep into the lungs as well as into the deep layers of the skin. It is a holistic, drug free natural therapy and promotes better breathing, healthier skin, sounder sleep, improved physical fitness, and all over wellness.

Halotherapy has been known to improve many conditions and symptoms some including:

- Allergies
- Asthma
- COPD
- Bronchitis
- Eczema
- Dermatitis
- Acne
- Dry Skin
- Ear Infections
- Sinus Infections
- Snoring
- Anxiety

*FDA has not evaluated the statements above. Statements made are not intended to diagnose, treat, cure, or prevent any diseases

Halotherapy

All of our halotherapy sessions are private. We can accommodate up to 3 people per session in your group. You have a choice of zero gravity chairs or meditation floor pillows.

Walk-ins welcome but reservations or call ahead is recommended

45 Min Session 35.00

45 Min Session for 2 60.00

45 Min Session for 3 80.00

*Save when you purchase package sessions **

Package of 3 Sessions 90.00

Package of 6 Sessions 175.00

Package of 9 Sessions 245.00

* Package sessions are only available as 45 min sessions for 1 person.

Multiple sessions are recommended for chronic issues

Halotherapy prices include CT Sales tax

Short on time?

25 min Wellness packages available
please contact for more information